



Metronews

Metro Louisville Chapter 262

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National Active and Retired Federal Employees

Volume XXII No. 1

PRESIDENT'S MESSAGE

Jan—Mar 2012

HAPPY NEW YEAR

Sherman Smith and Chapter 262 officers

to all Chapter 262 members & their families. May we all resolve to support NARFE's mission of protecting the well-earned retirement & employment benefits of federal civilian employees, retirees, and their survivors. To promote that mission, may we all resolve to recruit one new NARFE member in 2012.

COMING ATTRACTIONS* — SEE PAGE 6 FOR DETAILS.

- JAN 18** Michelle List -- "What YOU Can Do to Prevent Healthcare Fraud!"
- FEB 15** Shirley Campbell — "Energy Efficiency Programs"
- MAR 21** Christian Furman, MD — "Update on Alzheimer's"

* Some COMING ATTRACTIONS may be tentative. Hear final info via the Telephone Tree call.

2012 OFFICERS — Congratulations to returning officers—**Sherman Smith, Judy Fletcher, Maurice Jeffries & Nathan Henderson**. Note that **Nathan Henderson** has moved from Secretary to Treasurer; **Charley Walter** has resumed his Program Chairmanship; **Jerry Fletcher** has moved to Public Relations; and **Bobby Payne** has added Chapter Network Messenger to his duties.

The Secretary position is vacant as is Membership Chair.

Welcome to new Chairs — **Eleanor Jeffcoat** (Alzheimer's) and **Nona Preher** (Friendship) upon joining the management team. Credit & thanks go to the returning Committee Chairs. The Nominating Committee, **Bobby Payne & Lois Roach**, worked diligently to present a full slate but were unable to do so. **Anyone interested in Secretary or Membership, notify Bobby Payne or Sherman Smith.**



Judy Fletcher & Maurice Jeffries were installed by visiting KY Federation President **Noreene Morgan** at the Chapter Christmas Party on Dec 16 at Kosair Shrine Club. Party goers had a fine dining experience accompanied by lovely harp music by Luneita Cotton. Thanks go to Dick Martin for arranging for this venue and entertainment.

Officers **Nathan Henderson** and **Sherman Smith** were unable to attend the party and installation.

"Great job, well done!" to Two Retiring Board Members

Barbara Wahlen and Jack Ostwalt

Barbara has carefully administered the Chapter's "fortunes" through her service as Chapter Treasurer. She was first elected to the position around 1997 and, except for a 4-year break, has served in it since. For many of those years, she also took meeting reservations, made arrangements with the Breckenridge Inn for meeting rooms and meals, and checked folks in at meetings. She has also served as Program Chair and Telephone Tree Chair. **Jack** has been a faithful mainstay of the Chapter for many years. Chapter Network Messenger, which he is currently vacating, is among several positions, including Treasurer, Secretary, and President, that Jack executed with dedication and excellence.

We are all indebted to these two stalwarts for their great service to our Chapter. Thank you!!!



COMMENT BOX Comments and short articles of interest to our active and retired NARFE family are welcome. **NED**

TREASURER RPT. -- Dec 2011 balance on hand for use— \$3,060.92; CD's of \$13,375.09. Federation Dues were \$1,030.00 **Barbara Wahlen**

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'TAG ALONG'

Name Tags should be worn to all meetings at Ryan's.



AVAILABLE TO 3,800 CURRENT & RETIRED FEDERAL EMPLOYEES THROUGHOUT KENTUCKY.

IMPORTANT CONTACTS

Keep them updated on NARFE issues.

Pres. Barack Obama

1600 Pennsylvania Avenue,
Washington, DC 20500

Tel: 202-456-1414

[www.whitehouse.gov/
contact](http://www.whitehouse.gov/contact)

Sen. Mitch McConnell

361-A Russell Senate

Office Building

Washington DC 20510

Tel: 202-224-2541 and

601 W. Broadway, Rm 630

Louisville, KY 40202

Tel: 502-582-6304

<http://mcconnell.senate.gov>

Sen. Rand Paul

SRC-5 Russell Senate

Office Building

Washington DC 22204

Tel: 202-224-4343 and

600 Martin L King Jr Pl.

Rm. 1072B

Louisville, KY 40202

Tel: 502-582-5341

<http://paul.senate.gov>

Rep. John Yarmuth

435 Cannon HOB*

Washington, DC 20515

Tel: 202-225-5401 and

600 Martin Luther King Pl.

Suite 216

Louisville, KY 40202

Tel: 502-582-5129, and

SW Government Center

7219 Dixie Highway

Louisville, KY 40258

Tel: 502-933-5863

www.yarmuth.house.gov

Rep. Brett Guthrie

308 Cannon HOB*

Washington, DC 20515

Tel: (202) 225-3501, and

411 W. Lincoln Trail Blvd.

Radeliffe, KY 40160

Phone: (270) 842-9896

www.guthrie.house.gov

Rep. Geoff Davis

1119 Longworth HOB*

Washington, DC 20515

Tel: 202-225-3465 and

108 West Jefferson St.

LaGrange, KY 40031

Tel: 502-222-2233

www.house.gov/geoffdavis

*HOB=House Office Bldg.

SUPERCOMMITTEE STALLS

Congress' November 23 Supercommittee deadline passed without agreement among its six Democratic and six Republican members. What does this mean for Federal employees and retirees? On Nov. 22, *The Washington Post's* Joe Davidson and Eric Yoder addressed concerns in a live [Q&A with readers](#). (Control/Click on the blue link to review the Q&A's).

At the Nov. 16 Chapter 262 meeting (prior to the Supercommittee deadlock), **Maurice Jeffries** reported on some of their recent recommendations as well as other items of interest. A portion of his report follows:

MAURICE JEFFRIES REPORT

In addition to eliminating the pension part of FERS for new employees, there is a proposal to eliminate it for those with less than 5 years service. For those with more than 5 years service, pensions would be cut. Other proposals include: > permanently ending within-grade increases; > ending the use of sick leave in retirement computations; > defunding the Dept. of Justice Legal Policy Division; > cancelling the extension of Washington, D.C., locality pay to overseas Foreign Service personnel; and > completing the 2020 Census online.

The **20-member Federal-Postal Coalition** wrote the Supercommittee that adoption of these and previous proposals would destroy the Federal Service and urged rejection. Democrats instead urge attention be given to enhancing the energy efficiency in federal buildings; adoption of President Obama's pharmacy benefits manager proposal for FEHB; capping contractor pay at \$200,000 rather than the current \$700,000; and reviewing IT (information technology) investments that go more than 20% over budget.

Apparently bipartisan consensus exists for doing the budget on a biennial basis. Regardless of the outcome of these proposals, we cannot expect any letup on the threats to Federal pay and benefits. There seems to be rare bipartisan consensus in scrutinizing them albeit at varying degrees. As **Dan Adcock** said, federal employees and retirees are a "whipping boy." It is easier to attack us than change COLAs for Medicare.

For FERS Employees, **Darryl Issa** (R-CA) proposes replacing the FERS Pension with a mandatory 401(K) defined contribution plan that would be the third leg of a stool --TSP and Social Security being the other two. New employees would start out with this and those with more than 5 years of service would cease contributing to FERS Pension and contribute to the 401(K). They would receive a pro-rated portion of the pension based on what they had paid in. He proposed no change to CSRS. **Mr. Issa** said this would eliminate large unfunded liabilities. FERS was set up as a pay as you go system and currently has no unfunded liability. OPM has stated that CSRS—which did not have a pay as you go provision and was replaced by FERS in 1987—had an unfunded liability of \$663 billion at the beginning of fiscal 2010. The only way the CSRS so-called unfunded liability would ever become a problem is if all employees were to retire at once or if the government were to go out of business—neither of which can happen. The private sector has to prefund in case they go out of business. As **NARFE President Beaudoin** pointed the \$800 billion that Treasury holds in the

CSRDF will grow to \$15.3 billion. The outside audit firm, KMPG and the Congressional Research Service have found the program to be on solid ground.

Dan Adcock, former NARFE Legislative Director, criticized the **Issa** proposal as being too weighted toward the stock market which exposes future retirees to too much risk. Many would delay retirement until the economy improved thus throwing off strategic workforce planning. Having a pension provides a backstop to the volatility of the stock market. He did allow that the **Issa** proposal would be preferable to those of **Senators Burr and Coburn** that would eliminate FERS Pension without a replacement of any kind.

Postal Service Update

Not surprisingly, the Postal Service announced that it lost \$5.1 billion last year and will not be able to make the \$5.5 billion payment due for pre-funding health-care. A Senate committee chaired by **Senator Lieberman** (I-CT) has marked up a bill that would allow the Postal Service to leave FEHB. Many have questioned the move and stated that the Postal Service could save \$500 million per year simply by contributing less to premium costs. Currently, it picks up about 80% of the tab as opposed to 72% that other federal agencies pay. This would eliminate some of the health insurance providers currently in FEHB. There is a provision in the bill to rescind the authority to leave FEHB if the projected savings—\$42.5 billion are not achieved. The plan to change the Federal Workers Compensation Act for postal workers would also be extended for all federal employees. They would be converted to an annuity once they reached retirement age. NARFE opposes this.

MEETING WITH SENATOR MCCONNELL

I will be at the Derby Chapter meeting on December 7 to recruit members from their chapter to join in a district-wide meeting with **Senator McConnell** or his designee(s). **Nathan Henderson** and **Joe Scheuring** have volunteered from our chapter and I spoke with **Bill Bassett**, Brandenburg Chapter President, who has committed along with 2-3 other chapter members. I am planning to set up the meeting at Senator McConnell's office in January. I requested and received some NARFE thank-you cards to use after the meeting and I plan to have some more made up.

Maurice Jeffries, Legislative Chair

NARFE President Beaudoin Statement — Supercommittee Failure Will Be Devastating For Government Services. Excerpts follow:

"We share the nation's disappointment in the failure of the supercommittee . . . , but no deal is better than a bad deal that could have unjustly singled out federal workers and retirees, who already have contributed to deficit reduction.

"However, under the sequestration process . . . , many of the services that Americans depend on will undergo devastating cuts.

"As decisions continue to be made about the future of these services and the federal workers who deliver them to the nation, NARFE and our hundreds of thousands of supporters will continue to inform the debate and defend against irresponsible plans that would unfairly target federal workers and retirees and hinder our ability to protect America's heartbeat."

MORSELS from MEETINGS =>>>

Due to my missing some recent meetings, MORSELS are missing for this issue. NED

MEMBERSHIP REPORT

As 2012 is upon us, we still face decreasing NARFE membership. The latest report of 11/4/11 shows our membership total was 288,033 members, a steep decrease since the '90's. Is it the economy, the increase in dues, the absence of our COLA's or other reasons? I assume all play a part. As of October 31, 2011, Membership Statistics show a Gain (New Members/Reinstatements) at 19,854 compared to Losses (Cancellation/Non-Payment/Deaths) at 38,834. It is easy to see that the decline is serious.

It is important to remember—each member can recruit. You need not be an officer or on a membership committee. NARFE Magazines have an application in the back section. Show your membership number on the application so you will receive credit for the recruitment. Anyone needing several applications, notify me and I will be happy to get them to you.

The new E-NARFE chapter has 1200+ members. This is a definite asset for our organization and a very good recruitment tool for current employees. See the December NARFE Magazine for an informative article re membership on p. 59 by Natl. Secretary **Elaine Hughes**.

Recruitment activity for District 3 during the past quarter included a Retirement Appreciation Day at Fort Knox on October 28 and 29 which I attended with our Federation Membership Chair **Sally Watkins** on the 28th. From Chapter 1512 (Brandenburg) **Faye and Rayma Hubbard** helped Sally with our booth on the 29th. Several people stopped and showed interest. On November 3, Chapter 1610 President **Denise Bauer**, Federation President **Noreene Morgan**, and I manned a booth at the Corps of Engineers Health Fair at the Mazzoli Building downtown. Hopefully, this event will result in a nice increase in membership for the District. **Denise** retired from the Corps and we were able to talk to many current employees who seemed very upset with the current Congressional hit upon Federal employees.

Please remember — we are all recruiters.

Judy Fletcher, District 3 VP

Due to two jobs as District 3 VP and Chapter 262 1st VP, Judy is vacating her third role as Membership Chair. Chapter 262 thanks Judy for a job well done!

SIGNPOST TO OBSERVANCES



What do bulletproof vests, fire escapes, windshield wipers and laser printers have in common?

(Answer on p. 4)

By 1986, 14 states had declared March as Women's History Month. This momentum and state-by-state action was used as the rationale to lobby Congress to declare the entire month of March 1987 as National Women's History Month. In 1987, Congress declared March as National Women's History Month in perpetuity. A special Presidential Proclamation is issued every year which honors the extraordinary achievements of American women.

2012 National Women's History Month Theme: Women's Education – Women's Empowerment

Excerpt from — <http://nwhp.org/whm/history.php>

DISTRICT 3 FALL ROUNDUP

The fall roundup for District 3 was held October 20 at the Middletown Fire Station 2, Shelbyville Road. Despite the gloomy, rainy weather, we had very good attendance. Thanks to **Fire Marshall Dave Dittmer, Sr.**, for providing the use of the training room for our program, there was no charge to our members. **Mr. Dittmer** spoke to the group regarding "Situation Awareness;" **Susan Horn** from Blue Cross Blue Shield explained the 2012 changes; **Stephanie Arnett**, Walgreen's Drugs, talked with us about "Vaccines and Drug Safety;" and **Michelle List** with the Senior Medicare Patrol Program at the Public Health and Wellness spoke about "Medicare Fraud and ID Theft." Those attending also took advantage of free blood pressure screenings provided by Walgreens. Complimentary beverages, breakfast foods, and treats were provided by District 3 VP. Overall, the program was very informative and entertaining.

Judy Fletcher, District 3 VP



MICROPHONE — The Board voted to purchase a microphone for use at chapter meetings. **Dick Martin** procured it (\$325) and **Joe Scheuring** will be in charge of it.

JANUARY

1 NEW YEAR'S DAY

16 M.L. KING, JR. DAY

FEBRUARY

14 VALENTINE DAY

20 PRESIDENT'S DAY

February is Black History Mo.

MARCH

11 DST BEGINS

17 SAINT PATRICK'S DAY

March is Women's History Month

WINTER MEETINGS

Jeffco Schools closed = No NARFE Meeting

Resources for Federal & USPS Employees: Take a look at — www.federaldaily.com/Home.aspx

"Hear—Here" NARFE radio ads supporting Protect America's Heartbeat <http://www.narfe.org/departments/home/articles.cfm?ID=2464>



Last month I whipped an application form out of my purse and signed up an active employee at a computer user's group I attend. Voila! The new member and Chapter 262 and I are all enriched!!! NED

Membership Applications are at <http://www.narfe.org/pdf/h-140a.pdf> or in each NARFE Magazine. Keep copies handy for recruitment opportunities. Put your Membership # on each form to get credit for your recruitment.

If you are viewing MetroNEWS on the Internet, double clicking on a blue underscored link takes you directly to its Internet site. Or you can copy/paste the link into your browser.

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Are your bookshelves overflowing? Send books to military personnel stationed overseas. At www.booksforsoldiers.com, soldiers post requests and you mail packages direct to them. **Consumer Reports**

Tips to avoid problems on the Net: www.gcflernfree.org/internetsafety and <http://onguardonline.gov/articles/0020-shopping-online>



FREE CASH POT RESULTS

Names drawn from the "virtual" Hat:
 Sep 21 — **Mary P. Garvey** of ZIP 40207-3654
 Oct 17 — **Patricia J. McFarland** of ZIP 40031-1021
 Nov 21 — **Mary A. Bowling** of ZIP 40006-8855
 Dec 16 — **Gwen Latham** of ZIP 40041

January's FREE CASH POT will be \$100.

Pot starts at \$20. Each meeting \$10 is added until someone claims the Free Cash Pot or it reaches \$100 where it will remain until a winner is present to collect. All names drawn, whether the member is present to win or not, will remain in the pot. Names come from the M-114 Membership List.

Join Dues Withholding so your name will always be in the Free Cash Pot raffle.

Software compliments of www.harmonyhollow.net/hat.shtml.

NOTICE RE MetroNEWS CIRCULATION

The Chapter 262 Board has voted to economize on newsletter production/postage costs. To accomplish this, **readers who get mailed paper copies of MetroNEWS must notify Bobby Payne in order to continue receiving a mailed paper copy. You may notify him by phone or letter or sign-up sheet at a Chapter meeting.**

Tel: 502-241-0293 (if no answer, please leave message that you wish to continue getting a paper copy and provide your name, tel. #, and address)

Address: 3919 Rock Bay Dr, Louisville, KY 40245-7463

Sign-up sheets have been or will be circulated at meetings through February.

March 1, 2012, is the deadline to notify Bobby Payne you want to continue getting a mailed paper copy.

We want all who get a paper copy of **MetroNEWS** to continue getting a paper copy if you wish to. **But you must let Bobby Payne know.** Non-responders will be removed from the mailing list and will cease to receive mailed copies effective with the Apr-June 2012 issue of **MetroNEWS**.

The USPS bill to print & mail 381 Sep-Oct 2011 newsletters was \$295 (\$0.77 ea.). This will increase with the upcoming postal rate increase. Newsletters going via e-mail cost \$zero.

All readers with e-mail are urged to get MetroNEWS via e-mail. You receive it faster, it's in color, it's easy to file in a folder on your computer for future reference, and it saves money for your chapter. If you ever miss getting a copy, simply go to www.narfe.org and scroll down about 2/3 of the way to the District 3 section where you will find current and past copies of **MetroNEWS**—or notify **Bobby Payne** to get a replacement.



SCHOLARSHIP AWARDS PROGRAM

The next scholarship program runs from Feb 1, 2012, thru the last Friday in April. See the February, March and April **NARFE Magazines** for the application form or visit www.narfe.org. Children, grandchildren, great grandchildren and stepchildren of NARFE members are eligible to apply. In 2011, \$60,000 in scholarships was awarded to 60 students.

CORRECTION: Lucille Severance's e-mail is **l.sever@insightbb.com** rather than **lsever@insightbb.com**.



AUTOMATED TELEPHONE TREE

Bob Burckle keeps those phone calls coming in each month to remind us of upcoming meetings and special events. Keep your tel. #, address and e-mail info up-to-date:

> go to www.narfe.org (click Departments > Membership),

> or send e-mail to memberrecords@narfe.org

> or write NARFE, 606 N. Washington St.,

Alexandria, VA 22314, Attn: Member Records

> or phone Membership Records 1-800-456-8410

Also promptly notify Bobby Payne of phone, address and/or e-mail changes

(Payne phone # & e-mail on p.1; address on page 6)



SALVATION ARMY ANGEL TREE

Once again **Joe and Barbara Wahlen** made their annual trek to the Salvation Army Angel Tree on behalf of Chapter 262. This year, they selected the names of three children from the Tree—a boy (Rontell) and two girls (Iesha and Myanna). Through careful shopping of the Black Friday sales, they were able to get an array of items. Each child got one outfit, a jacket and a pair of shoes, at least.

Funds came from \$100 from the Chapter Treasury plus \$75 collected from meeting attendees plus \$29.54 put in by the Wahlers for a grand total of \$204.54.

Many Thanks to the Wahlers for helping the Chapter to keep the Spirit of Christmas aglow.

MARCH IS NARFE-PAC MONTH

Anytime is a good time to donate to NARFE-PAC but

March is especially set aside

as the traditional NARFE-PAC month.

Support NARFE with a generous donation

to help protect our earned benefits.

REP. YARMUTH AT CHAPTER



Kay Zempke shared her photo of **Mr. Yarmuth's** visit to our Chapter on Aug 17. l-r are **Barbara Wahlen, Joe Wahlen, Maurice Jeffries, Denise Bauer, John Yarmuth, Noreene Morgan and Art Zempke.**

Joe Wahlen arranged the event.



Answer to question on p.3 *All were invented by women.*



NARFE PHOTO CONTEST — Entries will be accepted for the 2013 NARFE Photo Calendar Contest until February 10, 2012.

For instructions, go to <http://www.narfe.org/departments/member/articles.cfm?ID=2220> or refer to NARFE Magazine.



FRIENDSHIP CORNER

Your input is needed;

please report to Nona Preher, 502-454-5456:

> Illnesses, accidents or deaths

> Accomplishments or important milestones of fellow NARFE members or of yourself

All members confined to home, in nursing homes, or facing illness, bereavement or difficulties are in our thoughts, well-wishes & prayers.

♪♪ When You're 85 ♪♪

The popular Beatles song asked, "Will you still need me, will you still feed me when I'm 64." Well, NARFE still needs you when you're 85. In fact they want to honor you! The 2010 National Bylaws established the Distinguished Member Status to replace the previous Honorary Member Status. A Distinguished Member receives a Distinguished Member pin; a special Distinguished Membership card; and a Congratulatory Certificate from NARFE's national officers. To qualify, you must be at least 85 years old and have been a member of NARFE for 20 years. If you feel you qualify, contact Chapter President Sherman Smith with your name, birthdate, and the date you joined NARFE*. Do not apply if you are already an honorary member.

* If you do not know the date, call NARFE Membership Records (1-800-456-8410) to get it. You will need your membership I.D. #.



MEDICARE PREMIUM ↓ FOR SOME

NARFE's Service Officers' bulletin board serves up interesting tidbits such as this: CMM announced that the basic monthly Medicare Premium in 2012 will be \$99.90. This is a decrease for most CSRS retirees who have been paying \$115.40 for the basic premium.

The Blog is at www.narfe.org/sobb/

COLA ↑ FOR ALL

Federal retirees will receive a COLA beginning in January 2012. CSRS employees will receive 3.6% and FERS will receive 2.6%. While CSRS retirees receive the full amount of the COLA, current law reduces the FERS Cola by 1 percentage point for increases above 3 percent.



In Memory

Carl H. Hass, 79, of Louisville, passed away September 2, 2011. He was a retired employee of the U.S. Postal Service and an Air Force Korean War veteran. He was a member of Chapter 262.

Col. Eugene F. Kinnaird, Sr., 92, died at home on September 1, 2011. He was retired from KY Air National Guard and a veteran of the Army Air Corps in WWII. He belonged to Chapter 262.

Marvin E "Skip" Krugel, Sr., 93, passed away September 15, 2011, just 9 days following the death of Doris, 92, his wife of 72 years. He served in the U.S. Army Air Corps in WWII and the Air Force Reserves. He retired from the U.S. Postal Service in 1972 and was secretary/treasurer of the Louisville Federal Credit Union for 33 years. He was a Chapter 262 member.

Audrey Kupper, 76, passed away August 8, 2011. She was a Chapter 262 member.

Joseph A. Lentz, Sr., 88, of St. Matthews, passed away November 23, 2011, at Hurstbourne Care Center. He retired from Naval Ordnance where he worked as a telephone/electrician. He was a NARFE National Only member.

Metro Louisville Chapter members extend sympathy to family & friends.

Read full obituaries at:

www.legacy.com/louisville/Obituaries.asp

Withholding Wizards

Salutations to Maurice Jeffries and Bobby & Erika Payne

who opted for dues withholding

Wizards motto:

Wise up and join the Wizards

(Saves money & assures you always remain in Free Cash Pot Raffle!)

Dues Withholding Application for Retired Federal Employees in NARFE Magazine.

Or go to <http://www.narfe.org/pdf/dw-2.pdf>.

WELCOME NEW / RENEWED MEMBERS



SEP Theresa Churchman, Vicki Rhodes & Joel Legris— new members

OCT Martin Connell and Evelyn Kellems— reinstatements.

Michael Holmes, Tom Cissell, Wanda Hanke, Wanda Smith, Michael Thomas and Kenneth Berger — new members.

NOV Barbara Eaton, Phyllis Vanover, James Lechleier, Donald Hampton, James Eye, Catherine Snyder—new members.

Ruth Drake, Robert Powell, Cherona Ball— reinstatements.

\$100 Winners in KY NARFE's STATEWIDE ALZHEIMER'S RAFFLE

Sep— Mary Scott, Verona, KY

Oct— William Martin, Bumpass, VA

Nov— Kay Schrivner, Irvine, KY

WE SUPPORT OUR SERVICE MEN & WOMEN, VETERANS, & THEIR FAMILIES.

KY NARFE WEBSITE

<http://narfeki.org/>

Statewide NARFE news & info, plus you'll find current and past issues of Chapter 262 MetroNEWS in the District III section.

NARFE NewsWatch

<http://multibriefs.com/briefs/narfe/NARFE022211.php>

Keep up with federal government goings-on here: www.federaltimes.com/

Voting records on Key NARFE Issues are at: www.capwiz.com/narfe/dbq/officials

Click the "Issues and Legislation" tab and enter your ZIP to get the voting record of your Senator or Representative.

NARFE HOTLINE

Weekly message: 1-877-217-8234

Or go to:

www.narfe.org.

Additional Contacts:

Capitol Switchboard 1-866-220-0044

White House Comments 1-888-225-8418

(All tel #'s with prefixes of 800, 888, 877 & 866 are Toll Free!)

Chapter Meetings are held 3rd Wednesdays monthly except July (no meeting) & December (Holiday Party announced yearly)

TIME: 11:30 a.m. – 2:00 p.m. Promptly, please!
Social Period followed by

Lunch, Program, & Business Meeting

*COST: \$6.70 — Jerry Fletcher will collect this amount at the meeting in cash (no checks or credit cards accepted; try to have exact change). Reservations are not required, but you are expected to buy lunch.

If you have questions, contact: Jerry Fletcher
Tel: 253-0331 e-mail: jerryf5878@aol.com

PLACE: Ryan's Buffet Restaurant
5338 Bardstown Road in Louisville

(corner S. Hurstbourne Pkwy. & Bardstown Road, Piccadilly Square Shopping Center)

Meeting rooms are to the right after entering Ryan's.

Members need to wear their nametag to display to the cashier & indicate they are with the NARFE group in a meeting room.

* *The \$6.70 includes tax and gratuity and you get a choice of drink, salad, entrée(s) and dessert.*

NOTE—Meal cost has increased from \$6.50 to \$6.70

Washington Journal on C-Span, 12/5/11

Walton Francis, Author, *Checkbook Guide to Health Plans for Federal Employees*, talked about the cost of operating the Federal Employees Health Benefit Program (FEHBP). According to OPM, the program costs an average of \$43 billion to operate. Mr. Walton responded to listener queries. Go to <http://www.c-spanvideo.org/program/302999-5> to view this program on C-SPAN.

CHAP 262 JAN—MAR 2012 CALENDAR

11:30 AM, WEDNESDAY, JANUARY 18

Program Michelle List, Social Services Coordinator with Senior Medicare Patrol
“What YOU Can Do to Prevent Healthcare Fraud!”

11:30 AM, WEDNESDAY, FEBRUARY 15

Program Shirley Campbell, LG&E Program Director
“Energy Efficiency Programs”

11:30 AM, WEDNESDAY, MARCH 21

Program Christian Furman, MD, Vice Chair, Geriatric Medicine, U of L College of Medicine
“Update on Alzheimer's”



If you need help carrying your plate from the buffet to your table at Ryan's, please know that chapter members will be happy to assist. ☺ ☺ ☺

Thought compliments of Charlie Walter



Be sure to read the IMPORTANT NOTICE re MetroNEWS circulation on p. 4.



NED's Notes (Newsletter EDitor) The NEWS is published quarterly for Jan-Mar, Apr-Jun, Jul-Sep, Oct-Dec. I look forward to your input by the 15th of the month prior to publication. Call, e-mail or drop me a note to 8900 Middle Pte. Rd., Louisville KY 40241. I respectfully reserve the right to edit for space and clarity. Commentaries should be non-partisan. *Marj Fair*